

**ΓΡΑΠΤΕΣ ΠΡΟΑΓΩΓΙΚΕΣ ΕΞΕΤΑΣΕΙΣ ΜΑΪΟΥ-Ιουνίου 2019**

ΜΑΘΗΜΑ: ΑΓΓΛΙΚΑ

ΗΜΕΡΟΜΗΝΙΑ: 24/05//2019

ΒΑΘΜΟΣ: .....

ΤΑΞΗ: Β

ΧΡΟΝΟΣ: 2.30 ώρες

ΥΠ. ΚΑΘΗΓΗΤΗ:.....

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ΟΝΟΜΑΤΕΠΩΝΥΜΟ: .....

ΤΜΗΜΑ: ..... Αρ. ....

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Γενικές οδηγίες:

- Να γράψετε με μπλε μελάνι
- Δεν επιτρέπεται η χρήση διορθωτικού υγρού/ταινίας

Το Εξεταστικό δοκίμιο αποτελείται από **10** σελίδες

## **PART 1: READING SKILLS**

**(45 marks)**

**PASSAGE A: Read the following passage and answer ALL the questions.**

**(15 marks)**

### **GAP YEAR: The big adventure!**

If you have done your last year of school but are not yet ready to settle down to life at university or college, why not think about taking a break and having a gap year? Over 200.000 people between the ages of 18 and 25 did this last year, 20.000 of them students. The universities actively encourage it. Students who have had a gap year are more likely to be satisfied with their chosen courses and, therefore, are more likely to finish them.

Whether you decide to go on an expedition, travel, work as a volunteer or learn a new skill, there will be all sorts of benefits. You will become more confident and independent and learn to get on with all sorts of different people, which will help you when you go to university or college. If you are unsure about what to do, just type 'gap year' into a computer and have a look at the enormous number of websites offering to sort things out for you.

Doing voluntary work overseas is one of the most rewarding ways of spending your gap year. It is a fantastic way of getting to know a different culture. You won't be paid of course, in fact your trip will actually cost a bit. A three-month stay in Australia, for example, doing farm work costs £ 1965 including all food and accommodation and nine months as a voluntary teacher in Tanzania costs £ 1940.

If you don't want to work, there are plenty of other exciting educational possibilities to consider. How about studying art history in Italy? Art History Abroad has courses in Venice, Florence and Rome. Perhaps you would like to take up acting and want to try a drama course in your gap year. The Royal Academy of Dramatic Art runs four week or eight week summer course and the Oxford School of Drama has a six-month foundation course for students over the age of 17.

But perhaps you would rather fill your backpack and go off on an adventure. Maybe it has always been your dream to visit China, or India or even Australia. If you are travelling alone, work out a sensible itinerary, plan well in advance, set up lots of contact points and get good insurance. Research shows that 36% of all gap year travelers are affected by a medical problem, while around 38% lose luggage and 14% lose cash. Shop around to get the best and cheapest insurance for your needs.

Of course you don't have to leave home. The key to a constructive gap year is to learn new skills and work out what you want to do with your life. You can do this just as easily in your own country as you can on the other side of the world. Employers will always ask people who apply for jobs about what they gained from the year, not where they went.

A. Read the following statements and say whether they are True, False or Not Mentioned in the text. Put a tick (✓) in the correct box. (5x2=10 marks)

	TRUE	FALSE	NOT MENTIONED
1. Students who have taken a gap year could finish university more easily.			
2. If you don't know what to do during your gap year websites can offer you solutions.			
3. You don't have to pay for doing voluntary work during your gap year.			
4. More than 38% of gap year students compare prices before they get an insurance.			
5. Employers are not interested in what you gained from the gap year.			

B. Complete the following paragraph using words from the text. (5x1=5 marks)

Taking a Gap Year is a good way of taking a break from your studies before you settle down to university life.

There are many things that young people can do during this period that will help them become more confident and 1)....., such as travelling or learning a new skill. Another 2) ..... way of spending a gap year is doing voluntary work. You may also 3)..... the possibility of learning new and exciting things such as acting or art.

On the other hand if you choose to broaden your horizons by travelling, make sure that you plan everything well and take a good 4)..... in order to avoid misfortunes.

Whether you go abroad or simply stay at home a 5)..... Gap Year will help you decide what you want to do with your life and gain from your experiences.

**PASSAGE 2: Read the following article and answer ALL the questions.**

**(15 marks)**

## **SHOP Till YOU DROP!**

Shopping- a dream come true or a terrible nightmare? Some shopping is necessary. It can also be fun. For many people it is a hobby, often a very enjoyable one. We have even invented a new phrase, retail therapy, to describe the good feelings we can get from buying things. Shopping makes many of us feel better. However, it can go badly wrong, too, when for some people, their spending gets out of control. Without doubt, we live in a very 'spend-happy' society. Generally, we are spending more than we earn and many people are finding themselves in debt.

For some people, shopping can become a real addiction. It can be a serious condition in which people don't feel happy unless they are buying something. Often they don't need the things they are buying; sometimes they don't even want them. 21 year-old dancer, "Ms T", says that she is a "shopaholic" although she doesn't see herself as having a problem. "I just like to look nice all the time," she says. "I like clothes and I especially have a passion for shoes. I've got 205 pairs of shoes!" She says that she doesn't have to spend a lot. Her shopping trips can cost her anything from 10p to £10.000, but she says she must buy something every day.

Strangely, it was being a shopaholic that gave "Ms T" the opportunity to become a pop star. She was in a chat room for shopaholics on the Internet when she was found by a member of the new pop group Scam. They had just written a song called Retail Therapy about the dangers of shopping addiction. "We wrote the song because we've got friends who've been in that position. We've seen it. They get all the credit cards and get themselves into real trouble," they said. The group went to the chat room because they were looking for an ordinary person who understood shopaholics to be their lead singer. They didn't want a model or a famous person, just someone that other women could relate to.

Scam were very pleased to find "Ms T" but even though she has recorded the song with them, they have still never met her. The group want the song and the issue of shopping addiction to remain more important than the people involved. They don't want to meet "Ms T" and spend time on getting to know each other. "Ms T" goes to the recording studio alone and all their communication, including interviews for the press, is done via text messaging. "It's worked out well for me," says "Ms T", "I can do these interviews and things while I'm out shopping!"

A. Choose the best option for each question A, B, C, or D.

(5x2=10 marks)

1. What does the article say about money in today's society?

- a) Most people spend too much money.
- b) Most people earn too much money.
- c) Most people are happy about being in debt.
- d) Most people would like to earn more.

2. How do people who are addicted to shopping feel about the things they buy?

- a) They only buy things they like.
- b) They don't mind what they buy.
- c) They feel upset when they are buying something.
- d) They know they shouldn't buy things.

3. Why did the pop group Scam go to the shopaholics chat room?

- a) They wanted to talk about their new song.
- b) They needed another member for their group.
- c) They wanted to find out what shopaholics were like.
- d) They wanted to chat to "Ms T".

4. Why were Scam pleased to find "Ms T"?

- a) She looked like a model.
- b) She was related to a famous person.
- c) She was an ordinary person.
- d) She had already recorded a song for them.

5. Why haven't the group met "Ms T"?

- a) She doesn't want to get too involved.
- b) She is too busy shopping to do any press interviews.
- c) They are too busy to go to the recording studio.
- d) They are more interested in the topic than in the people.
- e)

B. Complete the following article using the best option A, B, C or D:(10x0,5=5 marks)

**NAME YOUR PRICE £££££**

If you mention the word “ haggling” many people will think of street markets. Reports say, however, that more and more people are now haggling in shops as

1) ..... as in markets. Consumers have 2)..... their power and 25% of shoppers are now asking for a 3)..... even if they can afford the full price 4) ..... you have more chance of 5) ..... in smaller shops where you can talk to the manager directly.

There are other ways of getting better value 6)..... money, too. You don't have to wait for the shop to name the price. You can name your own price. This idea of shopping as an auction has been extremely successful. A new company called i-Bid asks shoppers to say what they want to pay for thing 7)..... cars, holidays and TVs. Bidding starts as low as 10% of their shop price and the person who 8)..... the highest price wins the item. I-Bid say that on 9)..... people spend 30% less by buying like this. As in a traditional auction, however, you may pay a lot for something that a lot of people want. On the other 10)....., you may get a real bargain.

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|-----|------------|--------------|--------------|------------|
| 1.  | A too      | B also       | C well       | D good     |
| 2.  | A recalled | B recognized | C remembered | D reminded |
| 3.  | A discount | B receipt    | C refund     | D bargain  |
| 4.  | A then     | B so         | C because    | D but      |
| 5.  | A luck     | B fortune    | C success    | D victory  |
| 6.  | A for      | B of         | C in         | D same     |
| 7.  | A similar  | B same       | C like       | D as       |
| 8.  | A offers   | B suggests   | C makes      | D provides |
| 9.  | A total    | B minimum    | C average    | D general  |
| 10. | A side     | B way        | C one        | D hand     |

**PASSAGE 3: Read the following text and write a summary on how to keep your weight, using your own words as far as possible Write between 100-120 words. (15 marks)**

### **OBESITY**

Being overweight makes many of us unhappy. There may be many reasons for our weight problem. Weight problems often run in the family. It could be a case of us overeating to make ourselves feel better when we are sad, stressed or lonely.

The issue of weight loss is a tricky one. A lot of people are unhappy with their present weight, but most are not sure how to change it. You may want to look like the models or actors in magazines and on television but those goals might not be healthy or realistic for you.

Weight management is about long-term success. People who lose weight quickly by crash dieting or other extreme measures usually gain back all, if not more, of the pounds they lost because they have not permanently changed their habits. Therefore, the best weight management strategies are those that you can maintain for a lifetime.

This means that if you want to lose weight and keep it off, you have to change much more than just what you eat. You have to change how and when you eat. Equally important, you have to start exercising or exercise more often. Most people who lose weight and keep it off do three things. First, they find out why they are overweight. Second, they follow a healthy eating plan. Third, they exercise regularly.

A new diet may help you lose weight for a little while. However, the weight often comes back unless you find new ways to deal with the problems that are leading to your weight gain. This may mean learning new ways to handle stress, finding ways to feel less lonely or talking with a counselor about your feelings.

You should follow a healthy diet that you like and that you can follow. The diet should be low in fats and sugar but high in fiber. Your doctor or a nutritionist can give you advice on what kinds of food are healthy choices. Remember to watch portion sizes. A healthy portion of meat is the size of a deck of cards. A healthy portion of rice or pasta is about the size of your fist. Read the nutrition labels on food before you buy it. If you need help understanding the labels, ask your doctor or a nutritionist to explain them.

Most diets are designed to make you lose a great deal of weight in the beginning. This is to encourage you. In actual fact, what you lose is mostly water and muscle. The water comes right back when you eat salty or processed food again. Losing weight is an uphill task and also takes time. So try not to get discouraged. Your effort will be worth it.

The key is to keep trying to eat the right food. The following are a few suggestions to help you change your diet. Make small, slow changes. Then, it will be easier to make the changes a part of your everyday life. For every few days, write down what you eat and drink that day. Use this record to help you see if you need to eat more from any food group such as fruits, vegetables or low-fat dairy products.

If you have a medical problem that requires a special diet, make sure you ask for help from your family doctor or a nutritionist. It is not advisable to do it on your own.

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**PART 2: WRITING SKILLS (35 marks)**

**Answer both questions:**

**QUESTION 1: (15 marks)**

You and a friend have decided to go on a horse riding holiday in the Scottish Highlands. You have found an ad for pony trekking -travelling from place to place on a pony and you decide to find out more about it. Read carefully the ad below, on which you have made some notes. Then using this information, write a letter to the company covering all your points. You may add other relevant information of your own.

**(use the appropriate layout and style ).Write between 100-120 words**



How much?

How many to each room?

**Highland Pony Trekking**  
Explore the beautiful Scottish Highlands on horseback. Our very reasonable prices include:

- Hire of horse and all necessary equipment
- Riding tuition if required.
- An experienced guide to lead each day's trek
- Overnight accommodation in youth hostels
- Transport for your luggage between overnight stops.
- Treks range from 3-day Mini-trek to Long-trek of 8 days with one rest day.

**For more details write to Highland Pony Trekking**

Complete beginner – how much will I need?

Who does the cooking?

But where do we go?

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QUESTION 2:

(20 marks)

You have been asked to write an article for your school magazine on the following topic: "The importance of travelling."

Write your article in 150-180 words.

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Δρ Μαρία Γεωργίου

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**ΕΙΣΗΤΗΤΕΣ**

**Η ΔΙΕΥΘΥΝΤΡΙΑ**

**Ελεονώρα Μιχαηλίδου**

**Δρ Μαρία Γεωργίου**

**Χρυστάλλα Έλληνα (Β.Δ.)**

**Key – Proagogikes 2019**

**Passage 1: Gap Year: The big adventure**

<b>A. (10 m)</b> <b>1. T</b> <b>2.T</b> <b>3.T</b> <b>4.NM</b> <b>5.F</b>	<b>B. (5 m)</b> <b>1. Independent</b> <b>2.Rewarding</b> <b>3.Consider</b> <b>4.insurance</b> <b>5.constructive</b>
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**Passage 2: Shop till you drop**

<b>A. (10 m)</b> <b>1.a</b> <b>2.b</b> <b>3.b</b> <b>4.c</b> <b>5.d</b>	<b>B. (5 m)</b> <b>1.c</b> <b>2.b</b> <b>3.a</b> <b>4.d</b> <b>5.c</b> <b>6.a</b> <b>7.c</b> <b>8.a</b> <b>9.c</b> <b>10.d</b>
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